



PRODUCT INFORMATION





## sequential gel technology

- > Restful Effect<sup>+</sup>
- > Stress Management<sup>+</sup>
- > Relaxation Support<sup>+</sup>
- > Calming Effect<sup>+</sup>

### Supplement Facts:

**Serving Size:** 1 packet (29.57 ml) **Servings Per Container:** 1

	Amount Per Serving:	% Daily Value**
<b>Calories</b>	30	
<b>Total Carbohydrate</b>	7 g	2%
<b>Sugars</b>	6 g	*
<b>Sodium</b>	10 mg	<1%

**Sleep Gel Blend Le-Vel:** 424 mg \*

L-Tryptophan, GABA (Gamma-Aminobutyric Acid), Skullcap Extract, Ashwagandha Extract, Bacopa Monnieri Extract, Valerian Root Extract, Passion Flower Extract, Hops Extract, Chamomile Extract, Melatonin, L-Theanine

\* Daily Values not established.

\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Other ingredients:** Purified Water, Fructose, Glycerin, Natural Flavor, Cellulose Gum, Xanthan Gum, Citric Acid, Stevia Leaf Extract, Potassium Sorbate.

### Premium Sleep Health

**THRIVE REST** is a premium gel formula created to give the body essential nutrients needed to offer a restful and calming effect, relaxation support, and assist with stress management. **REST** is a dual action formula developed to help the body feel refreshed. For best results, combine **REST** with your **THRIVE Experience**—Premium Lifestyle Capsules, Premium Lifestyle Shake Mix, and Premium Lifestyle DFT!

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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